

SAHARA



Sahara is a Social Development Organization working at the Grassroots with fundamental principle of **Sustainable Development Goals**, being practiced by implementing programs at the local level. The primary emphasis is on the programs related to **Health Accessibility, Disability Inclusion, Education & Rural Development**. With its presence in **Jammu & Kashmir, Odisha** and **Telangana**, Sahara is focusing to expand the scope of programs into food security and environmental safety .



Director

Shankar Matam is the **Founder - Director** and **chief Functionary** of sahara organization. He is a Development Professional with vast experience in implementation of social development programs . Academically he is a Doctoral research Scholar in development studies in **IIHMR** University in Jaipur, Rajasthan and a fellow in **SDG's** and local governance from The Hague Academy, (THA) Netherlands He is also qualified in Public Health Management and Hospital Administration and Rehabilitation.



Executive Director

Prathima Sambram is a Development Professional with Master's Degree in the Development Studies and trained in **Social Initiative Management**. With an expertise and experience in robust program implementation in the difficult places like mining effected areas in **Odisha** and hilly area of **Jammu & Kashmir** and rural areas in **Telangana**, she has great capacity to Demonstrate the results in spite of barriers and limitations.



PROGRAMS PROFILE OF SAHARA

S.N	COMPLETED PROJECTS	ONGOING PROJECTS	PROJECTS INITIATED
1.	Arogya - Digital Health Care Program in Kathua, Doda Districts of Jammu & Kashmir.	Arogya - Digital Health Care Program, t Udhampur District of Jammu & Kashmir.	SAKSHAM- Empowerment Development Centre for PWD's Sangareddy, in Medchal Malkajgiri District of Telangana state.
2.	Primary Rehab. Centre (PRC) - Cross Disability Early Intervention & Rehabilitation Centre - Sangareddy, Mahaboobnagar District, Telangana.	Primary Rehab. Centre (PRC) - Cross Disability Early Intervention & Rehabilitation Centre - Sangareddy & Hyderabad, of Telangana State.	SDG - Village - Gollagudem Village, of Sangareddy District.
3.	Mother as Rehabilitation Activist (MaRA), in Sangareddy & Mahabubnagar, Wanaparthi Peddapalli Districts of Telangana.	Integrated Physiotherapy Unit & Therapeutic Centre (IPU & TC)-total of 10 Cross Disability Early intervention & Rehabilitation Centre- Sundargarh District of Orissa	CRC- Comprehensive Rehabilitation Centre(CRC)-Centre of Excellence, Sangareddy, Telangana.
4.		Sahara Institute of Rehabilitation & Development Studies (SIRDS),Sangareddy, Telangana to provide rehabilitation education at PG level & Total of 4 Courses	Arogya - C Container based Rural Health Centre to Provide Tele Consultation, Diagnostics & Generic Drugs in Kangti of Sangareddy, Medchal of Malkajgiri District, Telangana.
5.		Hope Institute of Medical Sciences (HIMS),Sangareddy. Telangana to Provide job oriented short term vocational courses in paramedical stream	SIPHHA- Sahara Institute of Public Health & Hospital Administration, Sangareddy, Telangana to provide masters level course in Public Health & Hospital Administration.
6.		Vedic Inclusive School (VIS), Sangareddy, Telangana to provide Inclusive Education	E- Grambulence is a village Level Health Care Transportation in 5 villages at Sangareddy & Medchal Malkajgiri District.



AROGYA-M

DOCTOR ON WHEELS



Arogya is a **Digital Healthcare Technology** and Point of Care Diagnostic Technology along with Generic Drugs installed in a 24 feet Length bus with an internet facility and on boarding of more than **100 doctors** for tele consultations. The program is designed to visit the villages that are far from healthcare facilities in far-flung areas and mining areas to provide outpatient-based health care services periodically. So far the program is operational in Udhampur District and Completed in Kathua District, & Doda District, Jammu & Kashmir. Proposed to establish in Ladakh in North East states



AROGYA - C

CONTAINER-BASED RURAL HEALTH CENTER:

"The remote and tribal villages lack access to adequate healthcare facilities, leading to preventable illness and high maternal and infant mortality rates. To address this issue, we propose setting up a **Container-Based Rural Digital Health Center** to provide essential health care facilities in the villages. This center will provide services including Primary Care, Diagnostics, Generic Drugs and Health Education. Each center will be equipped with paramedical staff, necessary medical equipment, and medication to ensure essential healthcare delivery to the remote and tribal communities."



PRIMARY REHABILITATION CENTRE INTEGRATED PHYSIOTHERAPY CENTER

Primary Rehabilitation Centre (PRC) and Is **Integrated Physiotherapy Unit (IPU)** both the projects are one and similar in action but the name is different for administrative purposes in different states. IPU is Cross Disability Early Intervention and Rehabilitation Center and being implemented in **Telangana** and **Odisha states**

The project has the objective to provide **Physio Therapy, Speech Therapy, Behaviour Therapy** and other Developmental Therapies along with transportation by Electric Auto to the service center and drop them back to the children with Developmental Delay, Persons with **Disabilities and Senior Citizens** with mobility issues.

The Objective of the Program is to

1. Early Identification of the Children with Developmental Delay and Persons with Disabilities
2. Set up a center to provide services with the skilled professionals and technicians
3. Provide (**pick up and drop**) transportation with Electric auto
4. Provide the services at the center
5. Facilitation in utilising the welfare and development schemes for the **Persons with Disabilities**





VEDIC INCLUSIVE SCHOOL

Inclusive Education is important for the Children with Special Education needs. Children with special education needs may have physical ability issues like **Hearing, Vision, Speech, Mobility, Intellectual & Cognitive Issues**.

The **Vedic Inclusive School** (VIS) is capacitated by teachers with special skills in teaching the children with special education needs and has the infrastructure to engage them. The children with special education needs will also receive therapy services to overcome the barriers in the classroom.

As of now one **Vedic Inclusive School** (VIS) is functioning at 545/A. Hostel Gadda Sangareddy - 502001 with a student capacity of 50+ children with **Special Education Needs** (SEN). Sahara also works with Public and Private Partners in inclusive education by providing training and advocacy.





SAHARA INSTITUTE OF REHABILITATION & DEVELOPMENT STUDIES

OU COLLEGE CODE : 1698
RCI: TL024

Sahara Institute Of Rehabilitation & Development Studies (SIRDS) is **Osmania University**, Hyderabad Affiliated college with an approval from **Rehabilitation Council of India (RCI)**, New Delhi.

Sl.No	Course	Eligibility	Duration
1.	Bachelor of Education (Special Education in Autism Spectrum Disorder)	1. Any Degree Except Health & Allied Health Sciences 2. BTech/BE also Eligible * 50% of Marks	2 Years (4 Semesters)
2.	Post Graduate Diploma In Early Intervention (PGDEI)	1. BPT/BOT/BASLP/BED (Spl.EAD) 2. Masters in Psychology * 50 % of Marks	1 Year
3.	Post Graduate Diploma In Rehabilitation Psychology (PGDRP)	1. Masters in Psychology * 50% of Marks	1 Year
4.	Post Graduate Diploma In Disability Rehabilitation Management (PGDDRM)	1. A registered Rehabilitation Professional/Personnel with Graduation 2. Degree in Psychology, Clinical Psychology, Sociology, Social Work, Disability Studies Preferably with 1 year experience in area of disability 3. Degree in Medicine	1 Year



Hope Institute of Medical Sciences (HIMS) is a Vocational Education Institute Affiliated to the State Institute of Vocational Education, Telangana.

Vision:

Increase the **Skilled & Human Resources** in the patient care services for the best care of the patients in the rural and semi urban areas.

Objectives :

1. Provide the hands on training
2. Facilitate the employment



Courses & Eligibility :

SN.	Course Name	Eligibility
01	Hospital Management	10 th & Above
02	Health Care Multipurpose Worker	10 th & Above
03	Operation Theatre Technician	10 th & Above
04	Lab Assistant	10 th & Above
05	Pharmacy Assistant	10 th & Above

Duration: All the courses can be completed in below one year period

Placement: Successfully completed candidate are placed in Suitable Employment





e- GramAmbulance

e-GramAmbulances for Transportation of Pregnant Women, Newborn, and Elderly Persons in **Remote Villages**.

"Transportation barriers often hinder pregnant women, newborn babies, and elderly individuals from accessing healthcare services in rural areas. To bridge this gap, we deploy e-GramAmbulances equipped with essential life support system (**Oxygen, B.P, Pulse Oximeter, and Thermometer**), and skilled, certified staff to facilitate the transportation of pregnant women, newborn babies, and elderly persons for regular health check-ups, vaccinations, and medical emergencies. These **e-GramAmbulances** will ensure timely access to healthcare services, thereby reducing maternal and infant mortality rates and improving overall health outcomes."





SAKSHAM

Saksham is a Vocational Skill Training and **empowerment** for the Persons with Disabilities(PwD) in **Sustainable Food forming, Food Processing** along with **Sales for Revenue Generation**.

Persons with Disabilities (PwD) in rural areas like many other face significant socio-economic challenges. Including limited employment opportunities and social exclusion.



To empower and rehabilitate these individuals by providing vocational skill training tailored to the capacity of the PwDs and engage them in the establishment of **Organic and Millet Food** processing entrepreneurship to earn livelihood.



Our Team



ABHILASH GOUDICHERLA, MPT
Head - Field Operations & Logistics



KARTHIK DIDIGE, LLB
Head - SAKSHAM & SDG Village, HIMS



RAVINDHER RATHOD, B.Com
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